

WESTCHESTER DAY SCHOOL
NOVEMBER 2008 / CHESVAN 5769

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 Onion Soup VEGETABLE CUTLET Marinara Sauce Carrot and Celery Sticks Fresh Fruit	4 Alphabet Soup BREADED FISHSTICKS Rice Pilaf Cole Slaw Fresh Fruit	5 Potato Soup *FRENCH TOAST AND SCRAMBLED EGGS Yogurt Fresh Fruit	6 Vegetable Soup CHEESE AND POTATO BLINTZES Apple Sauce Sour Cream Fresh Fruit	7 Minestrone PIZZA Caesar Salad Fresh Fruit	1/8
9	10 Vegetable Soup MACARONI AND CHEESE String Beans and Mushrooms Fresh Fruit	11 NO SESSIONS VETERAN'S DAY	12 Cream of Broccoli SCRAMBLED EGGS PANCAKES Sliced Apples Fresh Fruit	13 Tomato Soup *GRILLED CHEESE Sauteed Zucchini Fresh Fruit	14 Pasta e Fagioli PIZZA Caesar Salad Fresh Fruit	15
16	17 Egg Drop Soup LO MEIN NOODLES AND VEGETABLE EGG ROLLS Broccoli with Garlic Sauce Fresh Fruit	18 Vegetable Broth BAKED POTATO AND FISHSTICKS Broccoli Fresh Fruit	19 Black Bean Soup VEGETARIAN TACOS Rice Pilaf Israeli Salad Fresh Fruit	20 Root Vegetable Soup POTATO KNISH AND FISHSTICKS Cole Slaw Fresh Fruit	21 Minestrone PIZZA Caesar Salad Fresh Fruit	22
23	24 Vegetable Soup BAKED ZITI Roasted Eggplant Fresh Fruit	25 Butternut Squash Soup ROAST TURKEY Herbed Stuffing Homemade Cranberry Sauce Pumpkin Bread	26 Onion Soup PIZZA Caesar Salad Fresh Fruit	27 NO SESSIONS THANKSGIVING	28 NO SESSIONS	29
30						

*Whole Wheat option available

**The meat dairy kitchen will soon be updated! However, we are not sure of exact date. A dairy day may be substituted for a meat day.
Please contact Chef Chris with any questions at 698-8900 Ext 113.

AVAILABLE DAILY:	
SEASONAL VEGETABLES AND SALADS AT THE SALAD BAR	SEASONAL FRESH FRUIT
CHUNK TUNA	ASSORTED JUICES ON "MEAT DAYS" NO DAIRY SNACKS SERVED ON "MEAT DAYS"
SKIM, LOW-FAT, AND WHOLE MILK AVAILABLE ON "DAIRY DAYS"	ASSORTED BAGELS AND BREADS DAILY WITH WHOLE WHEAT