

**WESTCHESTER DAY SCHOOL**  
**JANUARY 2009 / TEVET 5769**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1  <b>WINTER BREAK</b>  NO SESSIONS	2	3
4	5 Vegetable Soup CHEESE RAVIOLI Peas and Thyme Fresh Fruit	6 HAMBURGERS Potato Salad Cole Slaw Fresh Fruit	7 Chicken Broth ROAST CHICKEN Rice Pilaf Vegetable Medley Fresh Fruit	8 Onion Soup FRENCH TOAST*AND SCRAMBLED EGGS Homefried Potatoes Fresh Fruit	9 TUNA SALAD, EGG SALAD, AND CREAM CHEESE ON ASSORTED BREADS Carrot and Celery Sticks Potato Chips Apple Crisp	10
11	12 Minestrone Soup PIZZA Caesar Salad Fresh Fruit	13 Chicken Broth ROAST TURKEY SANDWICHES Cole Slaw Potato Salad Fresh Fruit	14 Black Bean Soup BEEF TACOS Rice Pilaf Israeli Salad Fresh Fruit	15 Vegetable Soup VEGETABLE CUTLET Marinara Sauce Whole Wheat Pasta Fresh Fruit	16 TUNA SALAD, EGG SALAD, AND CREAM CHEESE ON ASSORTED BREADS Carrot and Celery Sticks Potato Chips Vanilla Pudding	17
18	19  <b>No SESSIONS</b>  MARTIN LUTHER KING BIRTHDAY	20 Vegetable Soup PASTA AND MEATBALLS Sauteed Vegetables Fresh Fruit	21 Egg Drop Soup STIR FRIED CHICKEN AND VEGETABLES Steamed Rice Fresh Fruit	22 Tomato Soup GRILLED CHEESE* Roasted Mushrooms Fresh Fruit	23 TUNA SALAD, EGG SALAD, AND CREAM CHEESE ON ASSORTED BREADS Carrot and Celery Sticks Potato Chips Cookies	24
25	26 Pasta e Fagioli PIZZA Caesar Salad Fresh Fruit	27 Mushroom Barley MEATLOAF AND GRAVY Mashed Potatoes Peas and Carrots Fresh Fruit	28 Chicken Broth CHICKEN NUGGETS Steamed Rice Health Salad Fresh Fruit	29 Tomato Vegetable Soup MACARONI AND CHEESE Carrot and Celery Sticks Fresh Fruit	30 TUNA SALAD, EGG SALAD, AND CREAM CHEESE ON ASSORTED BREADS Carrot and Celery Sticks Potato Chips Chocolate Pudding	31

\*Whole Wheat option available

**AVAILABLE DAILY:**  
 SEASONAL VEGETABLES AND SALADS AT THE SALAD BAR SEASONAL FRESH FRUIT  
 CHUNK TUNA ASSORTED JUICES ON "MEAT DAYS" NO DAIRY SNACKS SERVED ON "MEAT DAYS"  
 SKIM, LOW-FAT, AND WHOLE MILK AVAILABLE ON "DAIRY DAYS" ASSORTED BAGELS AND BREADS DAILY WITH WHOLE WHEAT