

**WESTCHESTER DAY SCHOOL
MAY 2009 / IYAR 5769**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 PIZZA Caesar Salad Fresh Fruit	2
3	4 Vegetable Soup BAKED ZITI Roasted Vegetables Fresh Fruit	5 Mushroom Barley Soup MEATLOAF AND GRAVY Rice Pilaf Peas and Carrots Fresh Fruit	6 Alphabet Soup CHICKEN FAJITAS Flour Tortillas Sauteed Peppers and Onions Fresh Fruit	7 Tomato Soup GRILLED CHEESE* String Beans and Mushrooms Fresh Fruit	8 PIZZA Caesar Salad Fresh Fruit	9
10	11 Onion Soup MACARONI AND CHEESE Oven Dried Tomatoes Fresh Fruit	12 Egg Drop Soup STIR FRIED CHICKEN AND BROCCOLI Steamed Rice Fresh Fruit	13 Lentil Soup HAMBURGERS Cole Slaw Pasta Salad Fresh Fruit	14 Vegetable Soup FRENCH TOAST* SCRAMBLED EGGS Homefried Potatoes Fresh Fruit	15 PIZZA Caesar Salad Fresh Fruit	16
17	18 Chick Pea and Potato Soup CHEESE RAVIOLI Zucchini with Basil and Garlic Fresh Fruit	19 Alphabet Soup ROAST TURKEY SANDWICHES* Cole Slaw Health Salad Fresh Fruit	20 Black Bean Soup BEEF TACOS Istraeli Salad Rice Pilaf Fresh Fruit	21 Split Pea Soup BAKED POTATO AND FISHSTICKS Steamed Broccoli Fresh Fruit	22 PIZZA Caesar Salad Fresh Fruit	23
24/31	25 No SESSIONS MEMORIAL DAY	26 Vegetable Soup PASTA AND MEATBALLS Peas and Mushrooms Fresh Fruit	27 Turkey Noodle Soup CHICKEN NUGGETS Potato Salad Health Salad Fresh Fruit	28 PIZZA Caesar Salad Cheesecake Fresh Fruit	29 No SESSIONS SHAVUOT	30

*Whole Wheat option available

If you have a food allergy, please speak to the Chef

AVAILABLE DAILY:	
SEASONAL VEGETABLES AND SALADS AT THE SALAD BAR	SEASONAL FRESH FRUIT
CHUNK TUNA	ASSORTED JUICES ON "MEAT DAYS" NO DAIRY SNACKS SERVED ON "MEAT DAYS"
SKIM, LOW-FAT, AND WHOLE MILK AVAILABLE ON "DAIRY DAYS"	ASSORTED BAGELS AND BREADS DAILY WITH WHOLE WHEAT