WESTCHESTER DAY SCHOOL
SEPTEMBER 2008 / ELUL 5768

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LABOR DAY	2	3 HAMBURGERS, HOT DOGS, AND VEGETABLE BURGERS Health Salad Potato Salad Fresh Fruit	4 CHICKEN NUGGETS Roasted Vegetables Pasta Salad Fresh Fruit	5 PASTA MARINARA Garlic Bread Caesar Salad Egg Salad and Tuna Salad Fresh Fruit	6
7	8 BAKED AND BREADED FISH French Fries Carrot and Celery Sticks Fresh Fruit	9 DELI SANDWICHES Cole Slaw Potato Chips Fresh Fruit	10 HAMBURGERS, HOT DOGS, AND VEGETABLE BURGERS Health Salad Potato Salad Fresh Fruit	11 CHICKEN NUGGETS Roasted Vegetables Pasta Salad Fresh Fruit	12 PASTA MARINARA Garlic Bread Caesar Salad Egg Salad and Tuna Salad Fresh Fruit	13
14	15 BAKED AND BREADED FISH French Fries Carrot and Celery Sticks Fresh Fruit	16 DELI SANDWICHES Cole Slaw Potato Chips Fresh Fruit	17 HAMBURGERS, HOT DOGS, AND VEGETABLE BURGERS Health Salad Potato Salad Fresh Fruit	18 CHICKEN NUGGETS Roasted Vegetables Pasta Salad Fresh Fruit	19 PASTA MARINARA Garlic Bread Caesar Salad Egg Salad and Tuna Salad Fresh Fruit	20
21	22 BAKED AND BREADED FISH French Fries Carrot and Celery Sticks Fresh Fruit	23 DELI SANDWICHES Cole Slaw Potato Chips Fresh Fruit	24 HAMBURGERS, HOT DOGS, AND VEGETABLE BURGERS Health Salad Potato Salad Fresh Fruit	25 CHICKEN NUGGETS Roasted Vegetables Pasta Salad Fresh Fruit	26 PASTA MARINARA Garlic Bread Caesar Salad Egg Salad and Tuna Salad Fresh Fruit	27
28	29 No Sessions	30 No Sessions Rosh Hashanah				

*Whole Wheat option available

AVAILABLE DAILY:

SEASONAL VEGETABLES AND SALADS AT THE SALAD BAR SEASONAL FRESH FRUIT

CHUNK TUNA ASSORTED JUICES ON "MEAT DAYS" NO DAIRY SNACKS SERVED ON "MEAT DAYS"

SKIM, LOW-FAT, AND WHOLE MILK AVAILABLE ON "DAIRY DAYS" ASSORTED BAGELS AND BREADS DAILY WITH WHOLE WHEAT